



AnnMcGillPotentialist
explore, discover, release, expand, become

messages *from the* **Universe**

When We Say “Yes!” to Life

via Ann McGill -01-01-2005

*When we say “Yes!” to Life,
Life always says “YES!!!” right back.
It gives us what we need.*

*When we say “Yes!” to Life,
we open our Hearts, allow Love to enter
and fill us up.*

*When we say “Yes!” to Life,
we make room for Spirit,
to support and guide.*

Making resolutions implies resolve, determination, promise. They sound like “efforting” words to me; like I’ve got to make myself do something. This is not the way I want to start the New Year, nor live my life.

Let this new beginning be one where we say “YES!!!” to Life. Yes to living as fully and joyfully as possible, with as much effortless ease as possible, learning to flow, accept, relax and release, make room for what’s new, better, more appropriate, wonderful fun.

*When we say “Yes!” to Life,
we are saying we’re willing to let go of what no longer works,
to release pain and suffering.*

*When we say “Yes!” to Life,
we’re declaring our desire to grow and change,
to learn, discover, expand and experience.*

*When we say “Yes!” to Life,
it often triggers feelings of risk, fear, confusion,
wanting answers, wondering if we’re doing the right thing.*

*When we say “Yes!” to Life,
positive results are guaranteed. Miracles happen,
as every day events. Rewards are reaped, in profusion.*

It is only when we reach for the brass ring
that we give ourselves a chance to grab it.
It is only when we step into the unknown
that we can discover its beauty, inherent gifts, wonderfulness.
It is only when we let go of what has been
that we can enjoy the "isness" of Now ... where all answers lie.

When we say "YES!!!" to LIFE!
we change the way we think, feel and live,
positively affecting those around us, eventually the world.

Happy New Year '05 ...
May it be the best ever ...

n/ Joy ... b/ Peace ... w/ Love ...



Ann McGill - Potentialist

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