



AnnMcGillPotentialist
explore, discover, release, expand, become

messages from the Universe

birthing New Beginnings

via Ann McGill 02/08

So many have promised so much for '08.
Are you reaping the rewards you expected?
Many are feeling disappointed. They're continuing to experience stress and turmoil. Why isn't more goodness showing up?

It is. You're just not recognizing it. It's momentarily mis-labeled as a problem, an issue still causing trouble, a goal not yet achieved. And it's probably occurring in multiple areas of your life simultaneously. That's what usually happens when big changes are underfoot – as has been forecasted for Feb – June.

What needs to be understood is that **CHANGE IS HAPPENING**. It takes pain and crisis to trigger the necessary desire for change. Once change is triggered, it's gonna 'cause turmoil and consternation. It cannot be otherwise. You're entering new territory. You don't yet know your way. You haven't done things the new and better way before – or for long enough that positive results can clearly show up.

If you didn't go through this period of shaking up your thinking, you'd stay stuck in the same old patterns that caused the problems and issues in the first place. It's how you go through this period that shifts the experience into a far more positive mode.

The more you can accept that there's nothing wrong, you are just going through the turmoil stage of big change, the more likely you are to relax and accept what is. Instead of pushing and efforting, you'll choose to relax and trust instead.

This opens the doors to even more change. The more change you allow to unfold, the easier continued – further change becomes. You experience the rewards that always occur when we have clear intention, and the faith and willingness to what's required of us.

Here are a few questions you can ask yourself to clarify if what's been said likely applies to you, and how you can take advantage of what's going on.

- ♥ Are you aware the world is now experiencing an extra strong dose of energy? That you can use this energy to support your intentions for growth and change. That it magnifies problems requiring attention that one refuses to address.
- ♥ Have you set clear intentions for at least your immediate future? Do you review them frequently?
- ♥ Are you expressing gratitude for what has already happened? Have you taken a second and third look to notice what you've not yet acknowledged? Most people miss signs of progress right under their noses. Ask others who might be able to see what you're missing yourself.
- ♥ Are you expressing gratitude for the problems you are experiencing? The issues that are surfacing so they can finally be cleared away?

May you become – be aware of how Life blesses you day after day, and realize how often it is our mis-interpretation of events that leads to so much suffering.

n/ Joy ... b/ Peace ... w/ Love ...



Ann McGill - Potentialist

Messages from the Universe - *Intuitive readings of universal energies sent occasionally as Spirit inspires.*

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